



# UNEX Cultivating Oral Expression



# **Title: Emotional Charades**



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#### **Title: Emotional Charades**

Keywords: #speaking, #oral expression, #emotion, #scenarios, #communication, #feelings

**Duration:** *Approximately 20 mins.* 

#### **Description**:

This activity is a great warmer for classes that requires absolutely no preparation. As long as the teacher has pens and paper, the activity can be done at any point!





Moreover, this exercise can be adapted to big and small classes, with the purpose to improve the students' verbal expression of emotions in order their communication to be more efficient.

#### **Objectives:**

Please list the objectives you want to achieve (short and long term)

- 1. Communication
- 2. Better focus
- 3. Emotional expression
- 4. Emotions understanding
- 5. Verbal communication
- 6. Creativity

### Activity(ies) (Stages):

The teacher has to write-down scenarios that might provoke emotion in students. The scenarios should be generally light emotions like:

- forgetting your lunch;
- losing your phone;
- waiting for a bus more than 10 minutes;
- forgetting your homework.

Furthermore, each student receives a scenario and has to acts it out without speaking, only by using a non-verbal communication. Moreover, the rest of the class has to pay attention and based on the showed movements and gestures to guesstimate what their classmate is showing. After the scenario is guessed, the teacher has to start a discussion about the emotional response and to evaluate the presentation of the students.

The more easily students can verbally express their emotions, the more easily a teacher can communicate with them and reference confusing feelings.

#### Tips for trainers





If there are few students in the class, all of the student can work on this activity together as one team, where one student is playing the scenarios and the rest of the class are proposing their guesses.

If there are many students in the class, the teacher can divide the students into small groups. The final discussion of the results can be between all of the students together.

The scenarios, can be written by handwriting or by computer, based on the teacher decision.

In case, the teacher decides to challenge the students by the task to come up with their own ideas for scenarios, as each scenario has to be approved from the teacher in advance.

#### List of resources, materials etc.

- pen/pencil;
- paper.

## **Evaluation/Feedback**

The teacher will provide feedback on the applicability of the method.

The teacher evaluates students' compresence ability after each activity, according to the presented results.